



INSPIRATION

Last week, a friend of mine inspired me beyond words.

I coached her for an evening about six months ago. We talked about the many things she wanted to accomplish in her life. We went through a simple process of prioritizing. We realized that she had prioritized almost everything ahead of herself and her own desires. Then we focused on the things that mattered to her and would inspire her to take action in a new and powerful way. She said she wanted to win the national masters rowing championships. I assured her that it was possible.

Last week, she showed me two gold medals. She said that she was buoyed by our conversation throughout the races. I was speechless. I cried. We hugged.

I love what I do. I am in the business of bringing out excellence, leadership and inspiration in others. Sometimes the people I coach rise to the occasion, live up to their own greatness, and accomplish truly amazing things. But more importantly, they achieve a level of personal satisfaction and happiness that becomes a part of their very being. And that is what inspires me beyond words.

-Alan

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